

# Parish of Saint Leonard

Phone (902) 862-2255 + Fax 862-7110

Email: [pastoralcentre@parishofsaintleonard.com](mailto:pastoralcentre@parishofsaintleonard.com) + Parish Website: [www.parishofsaintleonard.com](http://www.parishofsaintleonard.com)

Our Pastoral Centre is presently located at 553 George Street, New Waterford, NS B1H 4E4.

OFFICE HOURS - MONDAYS TO FRIDAYS - 9:30 AM - 12 NOON & 1:30 PM TO 4:00 PM

*Our mission: To be a visible sign of the Body of Christ in our welcome, witness and celebration of all that we are as People of God.*

Volume 2, Number 22

Fifth Sunday In Ordinary Time

February 8, 2009

**Reading I:** [Job 7:1-4, 6-7](#) (Months of Misery)  
**Reading II:** [1 Corinthians 9:16-19, 22-23](#) (Preach the Gospel)  
**Gospel:** [Mark 1:29-39](#) (The Curing of Many)

## We Remember... Our celebrations of Christian Burial ...

We pray for those who have died, especially *Gertrude Copley, William MacLellan and Mary Frances (Hogan) MacMullin.*

## We Celebrate ...

### Our Sunday Gatherings for Eucharist

<i>Saturday (Vigils)</i>		<i>Sunday</i>	
4:00 PM	St. Michael's	8:30 AM	St. Joseph (Lingan)
5:30 PM	St. Michael's	10:00 AM	St. Michael's
		11:30 AM	St. Michael's



### Our Daily Gatherings This Week

All weekday celebrations take place at **St. Michael's Church.**

Monday	11:00 AM	Funeral at St. Michael's Church
Tuesday	9:00 AM	Eucharist
	6:30 PM	Breaking Open The Word
Wednesday	6:30 PM	Eucharist
Thursday	6:30 PM	Eucharist
Friday	9:00 AM	Eucharist

**\*Please note: In the case of a funeral in our parish or a school cancellation, daily mass (morning or evening) and exposition are cancelled.**

### Sacrament of Baptism

Celebrations of baptism take place on the third Sunday of each month at St. Michael's Church. If you would like to have your child baptized, please contact the Pastoral Centre at 862-2255.

### Sacrament of Reconciliation

Before Evening Masses (Wednesday & Thursday), or by appointment.

### Sacrament of Marriage

If you wish to celebrate the Sacrament of Marriage, please contact the Pastoral Centre at least 6 months in advance.

**We Believe ...** Today Jesus cures Peter's mother-in-law. Jesus takes her hand and helps her up from her bed, and her fever leaves at once. Filled with energy and good health, Peter's mother-in-law waits on Jesus and her other guests. Soon the whole town gathers at Peter's door asking for cures. Jesus cured many people of physical ills that day; but, more important, he cured people's hearts.

### Questions of the Week

**Adults:** How has a difficult time in my life become a source of strength, hope and healing?

**Children:** When have I asked Jesus for help in the past, and how did he answer my prayer?



# Parish Activities

## Youth Night



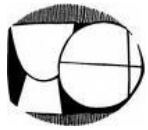
This week's Youth Night will be a **Teaching Mass** at St. Michael's Church on **Sunday, February 8, at 7:00 PM.** As we experience the Sunday liturgy, we will learn more about why we do what we do during Mass. **Parishioners of all ages are invited to take part in this Mass.** Following Mass, there will be some snacks downstairs. During this social time there will be a brief presentation on the Steubenville High School Youth Conference being held in Antigonish this summer.

## Breaking Open the Word

**Breaking Open the Word** will resume this Tuesday, February 10<sup>th</sup>, at 6:30 PM at St. Michael's Church. Breaking Open the Word is our opportunity for parishioners of all ages to explore the Gospel of the coming Sunday.



## First Eucharist Preparation



The families of those registered in the First Eucharist Preparation Program are reminded of the Learning Centres taking place at the Gaul Centre on **February 19<sup>th</sup>** (5:00 PM to 8:00 PM), **February 21<sup>st</sup>** (1:00 PM to 4:00 PM), and **February 22<sup>nd</sup>** (1:00 PM to 4:00 PM). Families can come anytime within these three available time slots. Please allow yourself 1.5-2 hours to complete the Centres. Also, please bring your drawings from the first three lessons to the Learning Centres. You will receive your final three lessons at that time.

## Confirmation Preparation

→ The February **Online Activity** is now posted on the "Youth Corner" page of our website.



→ Confirmation Candidates are expected to attend the **Teaching Mass** being held this Sunday, **February 8<sup>th</sup>, at 7:00 PM at St. Michael's.** As part of their journey with the Candidates, sponsors and parents/caregivers are encouraged to come along.

→ **Interviews** will begin in February. During the social time following the Teaching Mass, there will be an opportunity for Candidates to schedule their interviews.

## Palm Wanted



Once again this year, we will have a Palm Burning Gathering to prepare the ashes for Ash Wednesday. If anyone has palm to contribute, please leave it at the entrance of St. Michael's Church.

## ATTENTION: HIGH SCHOOL YOUTH

### Have we got an invitation for you!

Come to the **Steubenville Atlantic Youth Conference** at St. Francis Xavier University in Antigonish, **July 31 – August 2, 2009.** The 2009 conference offers an opportunity to experience the love of God through amazing talks, awesome music, praise and worship, time for prayer and fellowship, entertainment and powerful liturgies. Of all the things to do this summer, Steubenville Atlantic will be the experience that rates **ABOVE ALL.** Approx. 800 young people from the Atlantic region will gather in Antigonish. More information will be available this Sunday night following the Teaching Mass. You can also view some great video clips at [www.steubenville.ca](http://www.steubenville.ca)

Contact: Jari-Ann Timmons at 862-6655, [jatimmons3@hotmail.com](mailto:jatimmons3@hotmail.com), or see Fr. Doug.

Sign-up is in March. Contact us soon.

We'll sign up you and your friends!



## The Sign of Peace During Cold & Flu Season



The Sign of Peace is exactly what it says ... a sign. In our culture, we have accepted shaking hands as a sign of greeting ... as a sign of peace. We know, however, that germs are also transmitted through human contact. When people have cold and flu symptoms, they prefer not to shake hands, so as not to transmit illness to another. We respect and appreciate this gesture. Also, if people are concerned about catching anything, they also may be hesitant in offering their hand, we respect their choice. There are other signs people may give. Some may bow, some may give a verbal exchange, a nod or a wave. It is important we exchange some sign of peace, for when we are at peace with one another, we are now ready and able to receive the Eucharist with open hearts and minds.

## Blessing of Throats

Blessing of Throats, in honor of the Feast of St. Blase (February 3) will take place **after all masses this weekend.** An Armenian Bishop, Blase suffered martyrdom during the persecution of Licinius, in the early 4<sup>th</sup> century. He is the patron of wild animals, woolcombers and of all who suffer from afflictions of the throat. According to legend, he performed a miraculous cure on a boy who was choking to death. Blase has long been associated with cures for afflictions of the throat, and the blessing of throats takes place on this day in memory of St. Blase.



# Tending The Flock

## Supporting Ourselves as Parish

Sunday Collection for February 1, 2009

Envelopes (408): \$5,209.00 + Loose: \$351.15 = \$5,560.15

Pre-Authorized Debit Contributions for January, 2009 (43 Contributors)		
Sunday Offerings: \$1,919.53	Family Service: \$110.00	Initial Offering: \$130.00
	Faith Formation: \$145.00	Shepherd's Trust \$ 20.00

*Thank-you for your continued support!*

## Receipts for Income Tax

Our thanks go to each and everyone who contributed to the running of our parish during the last year. Income tax receipts for Church Contributions in 2008 will be available to be picked up after masses next weekend at St. Michael's Church. If you are not able to pick up your receipt at that time, please feel free to call the Pastoral Centre. We will be happy to arrange for pickup at the Pastoral Centre or by mail. Thanks!!



## Upcoming Meetings

Liturgy Committee Meeting

Thursday

February 12

7:15 PM

Gaul Centre

## St. Vincent De Paul Society



◆ **Emergency Food Service** - Call 862-3779 or 862-3770

◆ **Clothing Room** - Behind St. Michael's Church (on Christy Lane) – Mondays at 10 AM for drop-offs and Mondays from 11 AM - 3 PM for pickups.

◆ **Good, Used Furniture Needed** – Please Phone Dan MacMullin at 862-8832



## Winter Burials



Due to ground conditions, the Winter Chapel in Mount Carmel Cemetery will be used for all burials in our Parish during the winter months. Following a funeral in any of our churches, the priest, deacon or other minister can go to the Vault Chapel, where the committal prayers will be said. The actual burial of remains will take place after May 1, and can take place without a priest, deacon or other minister present.

## Fishcakes & Beans

St. Agnes C.W.L. are sponsoring a Fishcakes & Beans Dinner on **Ash Wednesday (February 25)**, from 11:00 AM to 2:00 PM. Take-Out Only. \$7 / plate. For tickets, call Rita McEachern at 862-6370.



## Accommodations Needed

The NET (National Evangelical) Team will be conducting retreats in the Diocese during April 2009. There are four nights over Easter when the team will not be attached to a parish and will need accommodation. These dates are **April 9, 10, 11 & 12**. The team consists of five males and five females. We are seeking homes to billet these individuals. If you are interested in offering hospitality to some members of the team, please phone the Emmaus Centre at 539-6188, extension 224.



## Coal Bowl



Congratulations to all players and coaches who participated in our Annual Coal Bowl Classic Tournament during this last week. We trust that you have enjoyed a week of friendship and hospitality in our town. Congratulations to the organizers and the many volunteers and basketball fans who make this event possible each year!!

## Our Email Addresses

Pastoral Centre: [pastoralcentre@parishofsaintleonard.com](mailto:pastoralcentre@parishofsaintleonard.com)  
Fr. Paul: [pastor@parishofsaintleonard.com](mailto:pastor@parishofsaintleonard.com)  
Fr. Doug: [associatepastor@parishofsaintleonard.com](mailto:associatepastor@parishofsaintleonard.com)  
Marcy MacKinnon: [catechesis@parishofsaintleonard.com](mailto:catechesis@parishofsaintleonard.com)  
Deacon Leo & Viola Penny: [deacon@parishofsaintleonard.com](mailto:deacon@parishofsaintleonard.com)

## Toonie Muffin Fest

The Lingan Ladies Recreation Society warmly invites you to join them at the Lingan Community Hall on **Sunday, March 1**, from 9:30 to 11:00 AM, for some muffins and hot drinks & lots of fun and friendship.



## Mount Carmel C.W.L.

The Regular Meeting will take place on **Wednesday, February 11, at 7:30 PM** in the Multi-Purpose Room (Auditorium). The Executive will meet at 7 PM. New Members are always welcome!

**Visit our Parish Website at**  
[www.parishofsaintleonard.com](http://www.parishofsaintleonard.com)

# Diocesan & Community Events

- **Knights of Columbus** – The *Regular Meeting* will take place on **Sunday, February 8**, at 8 PM at the KOC Rooms. The Executive will meet at 7:30 PM.
- **The Year of Saint Paul** – The 3<sup>rd</sup> & 4<sup>th</sup> videos of the series, “*The Writings of Saint Paul*” are being offered on **Mondays -- Feb. 9 & 23** -- from 2:00-3:30 PM at the Diocesan Pastoral Centre Board Room (75 Prince Street, Sydney). Call 539-6188 X237 to register.
- **Support & Share Grief Support Group** – Spons. by Bereaved Families of CB – Meets on the 2<sup>nd</sup> Tuesday of each month (**February 10** - “*The Grief Experience*”) from 7-9 PM at Holy Angels High School Cafeteria. Bereaved Families also offers 6-8 wk programs for people who have lost a spouse or partner, a child, a parent or a loved one to suicide. For more info, call 564-6795.
- **Living With Cancer Support Group** – Meets on the 3<sup>rd</sup> Wednesday of each month (**Feb. 18**) at 7 PM at the Cancer Society Office, 329 George St., Sydney. Guest will be Noreen Rowe, Canadian Cancer Society, Sydney Unit. For patients, survivors, family and friends of those living with a diagnosis of cancer.
- **Gentle Yoga for Cancer Patients** – A 9 week program of gentle yoga and relaxation for cancer patients with Brenda Emanuele, beginning **February 18th- April 29th**, from 1:30- 2:30 pm, at the Canadian Cancer Society office, 329 George Street, Sydney Family/friends welcome. No cost. Phone 567-8074 for information.
- **Marriage Preparation** – For all engaged couples.
  1. **February 20, 21 & 22** – St. Leo’s Parish, Glace Bay
  2. **March 13, 14 & 15** – Our Lady of Fatima Parish Hall, Sydney
  3. **March 27, 28 & 29** – Bras d’Or Hall.
  4. **June 12, 13 & 14** – Our Lady of Fatima Parish Hall, SydneyPre-Registration required (\$60/couple). Call 539-6868, Ext. 2
- **Catholic Family Retreats - Summer 2009** -- For the 14<sup>th</sup> year, week-long Catholic Family Retreats will be held at Harbourside Cottages in Pictou Co., NS. Mom, Dad & kids; come play & pray together and experience God's Love in your family in a new way this summer. For dates and more info call 902-755-2080 or go to [www.harboursidecottages.com/Family-Retreats](http://www.harboursidecottages.com/Family-Retreats).
- **Pancake Supper – February 24, from 4-6 PM** at the Sydney Kinsmen Resource Centre, 780 Upper Prince Street, Sydney. Eat in or take out. Bake table. Tickets (\$6) can be purchased or reserved in advance by calling 539-8553, extension 224 or 232.
- **Bulletin Notices** -- Written requests for publication of notices must be received in our office before Wednesdays at 4 PM. Faxes may be sent to 862-7110.
- **Wellness Program for Breast Cancer Survivors** -- The CB Cancer Center, in partnership with the YMCA, is offering a free 9 week wellness program for breast cancer survivors. The program offers various fitness activities and complimentary therapies to help give survivors strategies for successful coping and healthy lifestyle choices. The program will run 2 days a week – on Wednesdays from 10:30am to noon and on Fridays from 11:00 am to 12:00 with fitness on Fridays and coping and lifestyle skills on Wednesdays. The program **begins February 27, 2009 and ends May 1, 2009** at the YMCA. Registration and medical approval are required. For more information and to register, call the YMCA at 562-9622. You may also call the Cancer Center at 567-8074 for more information
- **Directed Retreat – March 27-29** at the Renewal Center, Mabou. An opportunity for personal prayer and reflection, to encounter our God in a quiet and relaxed setting away from the usual cares and concerns of daily life. A prayerful atmosphere for the retreat is facilitated by members of the Atlantic Association of the Spiritual Exercise Apostolate (AASEA). Brochures are available at the back of the Church. For further information, contact 862-7580.
- **Weekend of Grace – 3<sup>rd</sup> Annual Regional Catholic Woman’s Conference – April 24-26, 2009** – Lord Nelson Hotel, Halifax, NS. An opportunity for women to share their faith in witness and prayer. [www.stacm.ca](http://www.stacm.ca). Pre-Registration only (\$135).
- **Pilgrimage to St. Anne De Beaupre and Cap-de-la-Madeleine** – Leaving Inverness on August 16 and returning August 22, 2009. Contact Sadie Burton at 461-9051 for further information.
- **Donations of Used Goods – Many thanks to all who participate in the following programs:**
  - **Cape Breton Hearing Aid Bank** -- The Kiwanis Club of CB Golden K collects hearing aids to be converted to useful instruments for those who need them. You can drop hearings aids, which are no longer in use, in one of the boxes provided at the back of our churches. For info, call Mary at 862-2051.
  - **Used Eyeglasses** - Mount Carmel C.W.L. oversees the collection of used eyeglasses which are sent to Third World Countries. A box is available at the back of the Church for your donations.
- **Alcoholics Anonymous** is a fellowship of men and women who share their experience, strength and hope with each other, that they may solve their common problem and help others to recover from alcoholism. The local AA Group meets at their rooms on Ling Street on Mondays at 10:30 AM, Wednesdays at 8 PM; Fridays at 10:30 AM and Saturdays at 8 PM.

Dear Parishioners,

Congratulations to all who participated in Coal Bowl this year. Our hats go off to all of the athletes, coaches, volunteers, organizers and fans from near and far who made this year's event such a wonderful success!

I would like to draw your attention to the fact that our parish is actively recruiting volunteers to serve in ministry. We are seeking volunteers for **music ministry** (especially the Saturday 5:30pm Mass), **servers** (both children and adults), **hospitality/ushers/collectors**, **sacristans**, **religious education volunteers** for Tuesday evenings, and a large variety of **parishioners to bring up the gifts** at all of our weekend Masses. Our faith community would truly benefit from your 'yes' to this invitation.

Thanks for your consideration.

Yours in Christ,  
Fr. Paul

From Your  
Pastor

